

**MENTAL WELL-BEING COLLABORATIVE
SCHOOL ACTION TEAM
MEETING MINUTES**

Attendees: Carol Arena, Tangela Garvin, Mary LeVasseur, Amy Marenick, Jim Martin, Vanessa Philbert, Katie Reiff, Joan Shaak, Susan Ursprung

Guests: Katie Greenawalt

Absent: Greg Bechtold, Brenda Boyd, Tom Castner, Jim Doughty, Paula Fleming, Phil Goropoulous, Jennie Huber, Linda Huber, Midge Kinder, Sue Lackmann, Charles Maines, Melissa Ostrowski, Joe Vulopas

Date: March 19, 2015

Time: 3:30-5:00 PM

Location: United Way, 630 Janet Ave.

ISSUE/TOPIC	DISCUSSION/ANALYSIS	ACTIONS/FOLLOW-UP
<p>1. Welcome</p>	<p>The meeting was called to order at 3:30</p>	
<p>2. SWOT Analysis</p>	<p>-A SWOT Analysis was distributed to the group</p> <ul style="list-style-type: none"> ● Comprehensive model ● Many action teams had similar concepts on their individual SWOTS, so they were combined into one large analysis ● Divided/organized into primary, secondary, tertiary prevention ● Goal is to make one more edit before the collaborative steering committee meeting next month; then the analysis will be complete 	<p>Next Steps:</p> <ul style="list-style-type: none"> ● Katie G will edit the combined SWOT with the school action teams' discussed changes ● Katie G will have the final version by the next steering committee meeting, April 15

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	<p>-Had a discussion about if the SWOT captures the main ideas from the school action team</p> <ul style="list-style-type: none"> ● Added Strengths <ul style="list-style-type: none"> ○ Quantity of school based counseling services ○ Increasing number of schools that use integrated mentoring programs (Web Crew, Link Crew) ● Added Weaknesses <ul style="list-style-type: none"> ○ Limited counselor availability and social work services ○ Lack of funding to support mental health services ○ Gaps in the 2-1-1 system <ul style="list-style-type: none"> ▪ The steering committee is discussing updating and integrating the 2-1-1 system ● Added Opportunities <ul style="list-style-type: none"> ○ Expand the Link Crew Program in school districts <p>-An ad Hoc group of provider is being created with the leadership of Dr. Noll from Wellspan.</p> <ul style="list-style-type: none"> ● Discussion of standardization of screening tools and connectivity between PCPs and mental health services 	
<p>3. Logic Model/Action Plan</p>	<p>Discussion of the combined logic model</p> <ul style="list-style-type: none"> ● Most updated version was passed out to the group ● Like the SWOT, the logic model is a comprehensive overview of each individual action team’s model ● It is an overview of the main goals of the collaborative and how each of them will be reached and measured. 	<ul style="list-style-type: none"> ● Susan Ursprung will contact Dr. Brian Barnhart from the IU-13 to ask how we can be placed on the Superintendent’s meeting agenda to inform them of the mental-wellbeing collaborative and obtain feedback on implementing and expanding programs such as Link Crew and Aavidum in all school districts.

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	<p>Additions/Modifications</p> <ul style="list-style-type: none"> ● Goal 1- Activities and Strategies: <ul style="list-style-type: none"> ○ What does it mean to provide education workshops and programs /distribute educational materials about mental well-being? <ul style="list-style-type: none"> ▪ Life Skills prevention program ▪ Compass Mark tools/curriculum ▪ Materials and programs must be evidenced based and best practices ▪ Which agencies provide evidence-based programs? ▪ Need a library of resources for parents, not just children ▪ Come up with a comprehensive list of resources/programs and make it available to all districts to use ● Goal 3- Activities and Strategies: <ul style="list-style-type: none"> ○ Expand <i>Aavidum Campaign</i> to increase social and emotional support for students <ul style="list-style-type: none"> ▪ Change to: Expand mentoring programs to increase social and emotional support for students such as Aavidum, Link Crew, etc. ▪ Look into how other schools are already creating a mentally health environment through programs and connecting people to services ● Goal 5- Create environments and policies that support mental well-being <ul style="list-style-type: none"> ○ Decrease bullying in Lancaster County Schools <ul style="list-style-type: none"> ▪ Add in something about creating a caring environment ▪ Bully free zones 	<ul style="list-style-type: none"> ● The action team will develop standards for mentally well environments in schools- what does it look like? <ul style="list-style-type: none"> ○ Make it a best practice ○ Will begin at next meeting

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	<p>Want schools districts to get the word out about the work they are doing</p> <ul style="list-style-type: none"> ● May be easiest to do this at the superintendents meeting ● Also at SAP Meetings ● Truancy Task Force Meetings ● Social Work meetings <p>*We need to celebrate the work we are doing and the success we are having!</p>	
<p>4. Collaborative Campaign Name/Tagline</p>	<p>The collaborative steering committee came up with a name for the mental well-being campaign - “Let’s Talk Lancaster”</p> <ul style="list-style-type: none"> ● Expand to Let’s Talk at School, Let’s Talk in the Community, Let’s Talk Providers, Let’s Talk in the Workplace 	
<p>5. Next Meeting</p>	<p>Thursday, April 23rd 3:30-5:00 PM</p>	<ul style="list-style-type: none"> ● All action team members will look into the Building Assets Reducing Risk Program by the next meeting