

**MENTAL WELL-BEING STEERING COMMITTEE  
MEETING MINUTES**

Attendees: Jan Baily, Susan Blue, Dale Brickley , Kate Downes, Colleen Elmer Phil Hess, Jennie Rose Huber, Anna Kennedy, Barbara Kettering, Leslie Naylor, Vanessa Philbert, Gerald Ressler, Alice Yoder

Guests: Arielle Weidner

Absent: Cathy DeGuire, Steve Denlinger, Jacqueline Fisher, Larry George, Deb Jones, Carol Kuntz, Radames Melendez, Debra Scheidt, Pam Smith, Chad Wickenheiser

Date: January 21, 2015

Time: 12:00-1:30 p.m.

Location: LGH, Suburban Outpatient Pavilion  
Wellness Center Conference Room 1

ISSUE/TOPIC	DISCUSSION/ANALYSIS	ACTIONS/FOLLOW-UP
<b>Welcome/Approval of minutes</b>	<p>Alice Yoder called the meeting to order.</p> <p>Alice Yoder asked for additions or corrections to the minutes. All approved. None opposed.</p> <p>Introductions were made for guest Arielle Weidner, who attended representing the Junior League of Lancaster. She is part of task force looking at unmet needs in Lancaster County; they are looking at different organizations that they that can partner with. They are doing an assessment of priorities and interested in mental health.</p>	
<b>Letter to LOHF Board</b>	<p>Anna Kennedy provided an update on LOHF letter that Dale Brickley submitted asking to consider expanding the scope to include families. LOHF met in December; for purposes of asset mapping and database work, they will include families but may need additional funding. Their budget is sufficient to include services for children, but want resource to be as comprehensive and useful as possible for families. For grant funding in the future, they still need to focus on children.</p>	

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<b>United Way grant, partner signatures</b>	<p>A conference call with Collective Impact consultant Dan Jurman, elicited positive feedback on the letter of intent.</p> <p>A signature form was passed around for those members in attendance to sign on behalf of their organization. Jennie Huber offered to collect the remaining signatures.</p> <p>Next Steps/Direction for UW grant</p> <ul style="list-style-type: none"> <li>• Increasing awareness and reducing stigma - Multimedia campaign</li> <li>• How do we come up with consistent messaging?</li> </ul> <ol style="list-style-type: none"> <li>1. Mental Health First Aide –Increase awareness/education <ul style="list-style-type: none"> <li>• Impressions</li> </ul> </li> <li>2. Improving access to care <ul style="list-style-type: none"> <li>• Standardized screening, referral and reporting from primary care to mental health services</li> <li>• Develop and implement community referral navigation resource system for adults and children</li> </ul> </li> <li>3. Assistance to vulnerable populations</li> </ol>	<p><b>Alice Yoder</b> to prepare budget and number of people reached/affected.</p> <p><b>Julie Weaver</b> to prepare budget and number of people reached/affected.</p> <p><b>Alice Yoder</b> to prepare budget and number of people reached/affected.</p> <p><b>Anna Kennedy</b> to prepare budget.</p> <p><b>Lisa Riffanacht (PALCO) and Steve Denlinger</b> to prepare budget and number of people reached/affected.</p>
<b>Steering Committee structure</b>	<p>Alice has received numerous calls expressing interest to join the Steering Committee . We need clear guidelines on who should be included and how do we organize groups based on how to get the work done.</p>	<p>Agenda item to be discussed at a subsequent meeting.</p>
<b>Action Team Updates</b>	<p>Community Action Team , presented by Anna Kennedy</p> <ul style="list-style-type: none"> <li>• The meeting focused on identifying target subpopulations as they define community.</li> <li>• Prepared a list of 8-9 sub populations: LGBT, incarcerated,</li> </ul>	

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	<p>etc. communities that need to be included.</p> <ul style="list-style-type: none"> <li>• Asked the group how they can share information with subgroups that already have existing 'meetings'.</li> <li>• Ideally they would want to go out to existing groups rather than have them come to the community team.</li> <li>• Talked about resources from the justice system on how to provide mental health services to incarcerated.</li> <li>• Asset mapping almost complete. Working on logic model.</li> </ul> <p>Alice mentioned that the Lancaster Health Summit is on May 7<sup>th</sup>. The theme is <i>Road to Wellville/Culture of Health</i>. Following the summit, rooms are reserved for smaller groups. We could potentially use that time for the larger collaborative to meet.</p> <p>Provider Action Team, presented by Dale Brickley</p> <ul style="list-style-type: none"> <li>• Met in October.</li> <li>• At their January meeting, they plan to look at SWOT.</li> <li>• They are expecting double for January attendance.</li> </ul> <p>Schools Action Team, presented by Vanessa Philbert</p> <ul style="list-style-type: none"> <li>• Spent time Re-educating new members</li> <li>• The Superintendent from Cocalico attended.</li> <li>• Joe Vulopas presented on Aavidum.</li> <li>• Will meet in February to finish SWOT and work on logic model.</li> <li>• Asked group to think of upcoming community events, who is missing from table to build on logic model.</li> </ul>	<p><b>Alice Yoder</b> to put May event on agenda for March.</p>

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	<ul style="list-style-type: none"> <li>• Thinking of getting parental presence in the group.</li> </ul> <p>Alice expressed concern that there seems to be a theme with catching people up at each meeting, and should we have a new member welcome packet. Vanessa mentioned that the Schools Team is sending a link to google docs to minimize time catching new people up. Alice reminded everyone that the LiveWell website will be up and running soon to house all minutes, etc.</p> <p>Workplace Action Team, presented by Barbara Kettering</p> <ul style="list-style-type: none"> <li>• The meeting was well attended (about double the attendance from previous meeting)</li> <li>• Most of meeting was on other topics; there was little time to talk about mental health</li> <li>• Information was passed around on logic model, mental health first aide, asset mapping</li> </ul>	<p><b>Intern Katie Greenawalt</b> to work with each team to develop welcome packet.</p>
<p><b>LOHF Community Needs Assessment Results</b></p>	<p>Anna Kennedy handed out Lancaster Osteopathic Health Foundation's Youth Health Needs Assessment. LOHF is using it actively as an organization to guide grant-making agenda. Five themes that emerged from the study are:</p> <ol style="list-style-type: none"> <li>1. Access and availability</li> <li>2. Transitional ages</li> <li>3. Lack of specialists</li> <li>4. Communication and collaboration</li> <li>5. Affordability and insurance</li> </ol> <p>Through stakeholder interview, focus groups and telephone surveys, they confirmed that Lancaster County data mirrors the state and nation.</p>	

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	<p>The results will be used for grant making, issuing requests for proposals and theories of change in logic model in how they want to be funding. Their main focus is the asset mapping project.</p> <p>LOHF met with Steve Herr from Advanced Metrics. They are suggesting that Advanced Metrics are brought in to design system as a collaborative process. Looking to work with the Steering Committee and Advanced Metrics, along with a project manager (Kate Gallagher). They are committed to funding the effort, but don't have an end identified yet. They want to determine what it looks like collaboratively.</p> <p>Alice passed around draft of what access to care could look like (location, affordability, availability, accessibility, cultural competency, special populations).</p> <p>LOHF is ready to move forward; do we want to have advanced metrics come to February's meeting? All agreed that we should focus February meeting on asset mapping.</p>	<p><b>Anna Kennedy</b> to ask Steve Herr and Kate Gallagher to February 18<sup>th</sup> meeting. Agenda will focus on asset mapping.</p> <p><b>Colleen Elmer</b> to ask Jen Koppel from BH/DS to attend to represent Case Worthy.</p> <p>Toni McCuiston from 2-1-1 has been invited to February meeting however is unable to attend.</p> <p><b>Alice Yoder</b> to ask 1-2 primary care practice managers to attend.</p>
<p><b>Next Steps</b></p>		<p>February meeting agenda will focus on asset mapping.</p> <p>Agenda items to be discussed at a future meeting:</p> <ul style="list-style-type: none"> <li>• Steering committee members, invitations, and structure</li> </ul>

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		<ul style="list-style-type: none"> <li>• SWOT and 1-3 year goals</li> <li>• Website, 'Contact Us'</li> <li>• Service expectations</li> </ul>
	Meeting adjourned at 1:38 p.m.	<p><b>Next meeting will be:</b>  Wednesday, February 18, 2015  Suburban Outpatient Pavilion  Wellness Room #1</p>

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