

MENAL WELL-BEING STEERING COMMITTEE MEETING MINUTES

Attendees: Jan Baily, Susan Blue, Dale Brickley, Cathy DeGuire, Kate Downes, Toni Gainer, Anna Kennedy, Barbra Kettering, Gerald Ressler, Alice Yoder

Guests: Brenda Buescher, Katie Greenawalt

Absent: Steve Denlinger, Colleen Elmer, Jacqueline Fisher, Larry George, Phil Hess, Jennie Huber, Carol Kuntz, Amy Marenick, Leslie Naylor, Vanessa Philbert, Radames Melendez, Debra Scheidt, Pam Smith, Chad Wickenheiser

Date: April 15, 2015

Time: 12:00-1:30 p.m.

Location: SOP Wellness Center, Conference Room #1

ISSUE/TOPIC	DISCUSSION/ANALYSIS	ACTIONS/FOLLOW-UP
<p>1. Welcome/Approval of Minutes</p>	<p>Alice Yoder called the meeting to order at 12:05 p.m.</p> <p>Jan Baily announced she is leaving MHA and will be joining BHDS. We wish her well as she moves on.</p> <p>Minutes were reviewed and approved</p>	
<p>2. Update on UW Collective Impact & SAMHSA Grants</p>	<p>Members of the mental well-being collaborative are involved with the SAMHSA grant proposal</p> <ul style="list-style-type: none"> • Focused on mental health first aid • LGH is the fiduciary • School District of Lancaster received grant last year • We are focusing on Lancaster County except the city • Currently gathering data and narrowing down the specific population that will be trained through the grant • Grant due on May 1 	<p>If anyone would like to be a part of the SAMHSA Grant, contact Alice Yoder amyoder@lghealth.org</p>

ISSUE/TOPIC	DISCUSSION/ANALYSIS	ACTIONS/FOLLOW-UP
	<p>-Guidance counselors, school counselors, and social workers throughout Lancaster and Lebanon are currently being trained in MHFA by Philhaven</p> <p>-CSG is also involved with trainings</p>	
<p>3. Asset Mapping/2-1-1</p>	<p>Toni Gainer lead the conversation on asset mapping</p> <p>-A List of Taxonomy Codes for mental health services was sent out with the minutes from the March meeting</p> <p>-A list of special populations, including Deaf and Autism are attached</p> <p><u>Discussion Points:</u></p> <p>-Need to identify organizations that support marginalized populations (people with brain injuries, homelessness, etc.) and verify content in the system</p> <p>-Goal is to make sure we are coding each agency to the primary services they provide</p> <p>-The taxonomy codes are standardized and have specific definitions</p>	<p>Providers will review the terms and keywords for their own organizations:</p> <ol style="list-style-type: none"> 1. Review the taxonomy codes and highlight which terms that you need a definition/clarification on 2. Check all the services you provide- in 2 weeks 3. Keywords- test the system, make sure that the average consumer can find a service (use a focus group) <p>Anna's team will take the lead on this- She will connect with Toni</p>
<p>4. Process for Disseminating Coalition information</p>	<p>Criteria for disseminating information from other organizations?</p> <ul style="list-style-type: none"> • Set up a specific email address for this process 	<p>Brenda will look into creating an email account by next meeting</p>

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<p>5. Protocol for membership on steering committee</p>	<p>What is the process for adding people to the steering committee?</p> <ul style="list-style-type: none"> • White Dear run requested to join the steering committee • Should there be specific roles and responsibilities for the steering committee? <ul style="list-style-type: none"> ○ The steering committee represents the major behavioral health providers • Consumers should be a part of the community action team 	
<p>6. Coalition Name, tagline, next step</p>	<p>“Let’s Talk Lancaster” with the tagline, “changing the conversation about mental health” is now the collaborative/coalition name</p> <p>Survey Monkey results for the campaign logo:</p> <ul style="list-style-type: none"> • The speech bubble design was the most popular • Looking into changing the shape of the bubble to be more rounded • Change the color from all blue to blue and green 	<p>Alice will move forward with the logo design.</p>
<p>7. Mental Well-Being Collaborative Advocacy Agenda</p>	<p>Alice looked into MHA’s advocacy agenda and created a document for the mental well-being collaborative</p> <p>The document is attached</p> <p>-Do we want this to be the advocacy agenda? -Is the agenda missing anything? -How do we advance this agenda?</p> <p>*United Way is looking for the Mental Well-Being Collaborative to have a strong advocacy agenda</p>	<p>All steering committee members should review the attached advocacy agenda and come the next meeting with any thoughts/modifications/suggestions.</p>

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<p>8. SWOT & Logic Model update</p>	<p>Brenda updated the group on the logic model/action plan</p> <ul style="list-style-type: none"> • Used national benchmarks for data/objectives • Still some gaps- needs input from action teams on target objectives • Adding “increase screening for mental health problems by primary care providers, school based counselors, and emergency departments” to goal 4.5 	<p>CSG & Pihaven should finalize intermediate objectives for mental health first aid training and provide this information to Brenda</p> <p>School Action Team should finalize the intermediate objective for goal 3.2 (expand school based programs (e.g. Aevium and Link Crew) that increase social/emotional support</p> <p>PALCO will be invited to the next provider action team meeting on 4-22 to finalize the objective for goal 4.4 (Reduce financial barriers to mental health services for vulnerable/low-income populations)</p> <p>Workplace Action Team should finalize objectives for goal 3.1 (Provide education programs about coping skills and work-life balance in workplace</p> <p>Jan will finalize the objective for goal 3.3 (Increase resilience in individuals using strength-based strategies such as mindfulness)</p> <p>Jan and Gerald have a collaborative with 9 organizations focused on increasing social and emotional support (3.2). They will look into an objective for this goal.</p>
<p>9. Provider Action Team Transition</p>	<p>Dr. Noll is convening a new provider group with a focus on screening tools for depression and the behavioral health referral system</p> <ul style="list-style-type: none"> • Wellspan, PAL, LGHP, FQACs • The 2 provider groups will meet separately for now- possibly merge in the future 	<p>Alice will add Anna to the email list for this provider group</p> <p>Anna will contact Steve Herr and Kate Gallagher</p>

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	<ul style="list-style-type: none"> Steve Herr and Kate Gallagher will attend the meetings to listen in and get a better understanding of the referral system 	
<p>10. Health Summit</p>	<p>May 7th, 2015 at the Lancaster Convention Center</p> <p>Mental Well-Being Collaborative Presentation</p> <ol style="list-style-type: none"> 1) Stigma Intercepts Video 2) Collaborative updates 3) Start the conversation video 	<p>Katie will be contacting the steering committee members to assist with a video on starting the conversation about mental health (what you would say to someone who is dealing with a mental health problem).</p>
<p>11. Next Meeting</p>	<p>Meeting adjourned at 1:40 p.m.</p>	<p>Next meeting will be: Wednesday, May 20, 2015 SOP Wellness Center Room #1 12:00-1:30PM</p>