

**MENTAL WELL-BEING COLLABORATIVE
COMMUNITY ACTION TEAM
MEETING MINUTES**

Attendees: Erin Conahan, Anna Kennedy, Trisha Stover, Wendy Wood, Katie Garrison

Guests: Katie Greenawalt, Brenda Buescher

Excused: Nancy Baker, Jean Bickmire, Rejean Carlson, Kristin Ebaugh, Barbra Eckert, Heather Estrada, Diana Fullem, Dawn Horst, Anthony House, Carmen Klingensmith, Jen Koppel, Susan Lilly, Edward Long, Glenn McCarty, Amanda McFerren, Teri Miller-Landon, Jan Mills, Jessica Perry, Roni Ryan, Rhonda Slinghoff, Dawn Weiss, Jason/Ashley Wilson, Mark Wilson, Janae Allgire, Jan Baily, Jean Bickmire, Brain Long, Bob Musser,

Date: 05-12-15

Time: 4:30-6:00pm

Location: LGH Suburban Outpatient Pavilion, 2100 Harrisburg Pike, Lancaster PA: Wellness Center, Conference Room #1

ISSUE/TOPIC	DISCUSSION/ANALYSIS	ACTIONS/FOLLOW-UP
Welcome & Introductions	<ul style="list-style-type: none"> • Anna Kennedy called meeting to order at 4:35pm 	
Review & Approve Minutes from April 14	April 14th minutes presented and approved	
Let's Talk, Lancaster Materials	<p>Anna shared the presentation that Alice Yoder gave at the May 7 "Health Summit" (see attached – PDF) revealing the new campaign, Let's Talk, Lancaster.</p> <p>Erin and Anna attended the Health Summit and shared some of the overview with the group.</p> <p>More information about the Health Summit is available at: http://www.lancasterhealthsummit.org/</p>	<p>Review Presentation slides & Youtube video links: https://www.youtube.com/watch?v=BPYCbAlwscK https://www.youtube.com/watch?v=X5zylHdV9tw</p>
Future Plans	The group reviewed the draft list of special populations and groups and discussed the importance of building partnerships, relationships, and listening. The handout includes specific goals which would be met through community outreach with partner agencies.	Anna will share this feedback with the steering committee and request input and assistance in organizing community outreach meetings.

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	<p>Our goal would be to develop talking points, a simple introductory presentation/video, and request to schedule meetings with community partners to talk about “changing the conversation about mental health”.</p> <p>Trisha suggested holding events similar to the United Way’s listening meetings. Erin shared that mental health has not been a key topic discussed at those meetings, but the format could work well.</p> <p>The group agreed that working in partnership with community organizations whose work is already largely with these populations makes sense.</p>	
Long Term Goals & Data	<p>To date, the Asset Map, and SWOT analysis have been submitted and are finalized. The Action Plan/ Logic Model for the entire effort was shared and discussed. The newest version includes the resiliency/ mindfulness activities that the team had discussed at the last meeting, as well as the advocacy efforts.</p>	<p>Please review the Action Plan and suggest data measurements, tools for tracking progress, and ideas for any changes.</p>
Next Meeting	<p>Meeting adjourned at 5:50 p.m.</p>	Next meeting will be June 9 at 4:30 pm