

**Mental Well-Being
Community Action Team
January 13, 2015**

Attendees: Jan Baily, Jean Bickmire, Erin Conahan, Kate Garrison, Anna Kennedy, Mary LeVasseur, Brian Long, Mary Steffy, Ashley Wilson

Date: 01-13-15

Time: 4:30-6:00 p.m.

Location: LGH Suburban Center

| TOPIC | GENERAL DISCUSSION/DECISION POINTS | FOLLOW-UP |
|--|---|-----------|
| Call to Order | Meeting called to order at 4:30 p.m. - New Meeting time established going forward. 2 nd Tuesday of each month at 4:30 p.m. | |
| Meeting Minutes | Minutes were distributed by email; also distributed to new members | |
| Snapshots | <ul style="list-style-type: none"> • Anna provided quick overview of team’s progress to date, reviewed ground rules, overarching goals of the collaborative as well as the Community Action Team. | |
| Best Practices/Promising Practices/Developmental Assets | <ul style="list-style-type: none"> • When identifying Best Practices for Community Impact, we will also want to include Mindfulness, Resilience (Ginsburg) and Trauma-Informed Care • Also need to take into consideration programs that are working within the faith community, criminal justice system, aging populations, et al • 211 as an asset, in PA it is not one statewide system (integrated) but part of a 7 different entities | |

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| <p>Identification of Community-Based Sub-Groups</p> <p>Using the Media</p> <p>Joint State Government Commission on Mental Health Services in the Criminal justice System in PA (May 2014)</p> <p>Programs/Models in our Field</p> | <p>Team feels that it is important to be inclusive in order to be representative of the entire community. Towards that end, it is important to include/reach out to sub-groups including:</p> <ul style="list-style-type: none"> - Criminal Justice System - Consumers - Faith-Based - Marginalized Populations (LGBTQ) - Refugee Coalition (non-English speaking) - Older Adults - Veterans - Early Intervention (Pre-K) <p>Best Practices for community engagement and messaging were discussed broadly.</p> <p>Spoke about the recommendations contained within the report, which included: Crisis Intervention Team, MH Court, Diversion program (opening in March 2015).</p> <p>Conversation about identifying these programs and determining if they are occurring in Lancaster County.</p> | <p>Team needs to identify strategies for engagement and reach out to these groups by joining them on their turf to gather input and create opportunities for inclusion</p> <p>Team needs to identify where the system works and does not work. Where do Best Practices exist?</p> <p>Look at Feel Well Philadelphia as a model when developing messaging</p> <p>Lancaster already has Special Courts in place (Mental Health, Veterans). Needs to be placed on the Asset Map.</p> <p>Need to dig deeper into Lancaster-based organizations to find out what is happening. Need to define the process and tool.</p> |
| <p>Next meeting date:</p> | <p>February 10, 2015, Suburban Outpatient Pavilion @ 4:30 p.m, Conference Room #2</p> | |