

**Let's Talk, Lancaster  
Community Action Team  
Meeting Minutes**

**Attendees:** Stacey Bailey, Janae Allgire, Aimee Franqui, Katie Garrison, Anna Kennedy, Brenda Long, Brian Long, Trisha Stover

**Guests:** Jordan Buckley, LGH Community Health Intern

**Absent:** Jean Bickmire, Nancy Baker, Rejean Carlson, Kristin Ebaugh, Barbra Eckert, Heather Estrada, Diana Fullem, Dawn Horst, Anthony House, Carmen Klingensmith, Jen Koppel, Susan Lilly, Edward Long, Glenn McCarty, Amanda McFerren, Teri Miller-Landon, Jan Mills, Jessica Perry, Roni Ryan, Rhonda Slinghoff, Dawn Weiss, Jason/Ashley Wilson, Mark Wilson, Wendy Wood

**Date:** August 11, 2015

**Time:** 4:30-6:00 PM

**Location:** Wellness Center, Conference Room #2

ISSUE/TOPIC	DISCUSSION/ANALYSIS	ACTIONS/FOLLOW-UP
<b>Welcome/Approval of minutes</b>	<p>Anna Kennedy called meeting to order at 4:35 PM.</p> <p>July 14 minutes were presented and approved.</p>	
<b>Steering Committee Updates</b>	<p>Anna Kennedy explained that the Steering Committee meets once a month. There are four action team that the Steering Committee oversees: The Provider Action Team, The Community Action Team, The Schools Action Team and the Workplace Action Team. All action teams are open to new members.</p> <p>At the last Steering Committee meeting members discussed Let's Talk and the use of funding by the United Way Grant, a grant being led by LGH. The United Way Speakers Bureau was</p>	

	<p>also mentioned.</p> <p>Members of the Steering Committee will continue to update the 2-1-1 database. Also, 30 1:1 meetings were held with various organizations primarily identifying as behavioral and mental health services.</p> <p>Action team updates:          The Provider group is still at asset mapping.          The Workplace group is focusing on the EAP pilot and just hosted a toolkit presentation at their last meeting.</p> <p>Anna Kennedy gave out a task list, list of partner subgroups and connections, orientation draft, and a draft of the advocacy agenda; the agenda has been on the Steering Committee’s agenda but is pushed back from being discussed at this time.</p> <p>Anna Kennedy briefly reviewed these five goals.</p>	
<p><b>The Media Campaign</b></p>	<p>Jordan Buckley handed out a spreadsheet of mental well-being education, awareness and anti-stigma campaigns. She discussed how there is one discussion guide and three campaigns focused specifically around stories and conversations of personal experiences, and one campaign focused solely on the channel of social media.</p> <p>Jordan Buckley asked how we could go further in deciding what campaign would be appropriate for this group and who the audience would be.</p>	<p><b>Jordan Buckley (Intern):</b> Send out a copy of her research in phone apps for mental health tracking and services; send out an electronic copy of the campaign list.</p>

	<p>Anna Kennedy emphasized how the focus of this collaborative is anxiety, depression, and stress.</p> <p>Stacey Bailey brought up her familiarity to the campaign Active Minds. She has a connection to the creator of an app.</p>	<p><b>Stacey Bailey:</b> Collect information regarding connection to app creator and specifics of this app to bring to the next meeting.</p>
<p><b>Further Progress:</b></p> <ol style="list-style-type: none"> <li>1. <b>Website</b></li> <li>2. <b>Future of 211</b></li> <li>3. <b>Listening Meetings</b></li> <li>4. <b>Collecting Success Stories</b></li> </ol>	<p><b>Website</b></p> <p>Anna Kennedy recommended a new site for Let’s Talk. Currently, the site is found under Livewell.org but it is hard to navigate and not user-friendly.</p> <p><b>Future of 211</b></p> <p>Trisha Stover brought up the idea of what would constitute as an emergency. When they call in for anxiety, they need to speak verbally with another human being.</p> <p>Stacey Bailey said there is 24/7 crisis intervention in every county.</p> <p>Brenda Long said we need a better source for the public to use in these types of emergencies before it reaches the point of calling 911. Reducing the stigma around getting help is key.</p> <p>Brian Long said that 211 is the service used as a first step for non-life threatening emergencies and that it is well known in other states except for Pennsylvania. This is why we need to update the database.</p> <p><b>Listening Meetings</b></p> <p>Aimee Franqui began the discussion for listening meetings run</p>	<p><b>Aimee Franqui:</b> send out the packet of information to the group including questions that this action team would be asked.</p>

	<p>by United Way. She said that Community Conversations are held in which groups of 10-15 talk for an hour with only questions being asked about the aspirations these people have for their community. This is something that could be done here in the Fall.</p> <p>Brenda Long mentioned that people go to faith-based community organizations and their families for mental health needs.</p> <p>Anna Kennedy said that we need to build partnerships of other organizations in order to gain support. It would be ideal to meet with them and they could be included on the Community Conversation.</p> <p><b>Collecting Success Stories</b> Stacey Bailey mentioned that she knows two people who would be likely to share their success stories. She wondered if there would be a way to have people upload and share their stories on a website.</p>	<p><b>All:</b> send Anna Kennedy locations that could be added to the list of partner subgroups and connections and <b>Anna Kennedy</b> will add them to the list.</p> <p><b>Trisha Stover:</b> send Stacey Bailey the link for Faces &amp; Voices stories.</p>
<p><b>Announcements, Updates and Discussion</b></p>	<p>Trisha Stover announced National Recovery Month is in September. The Lancaster Recovery Alliance is hosting an event at the Barnstormers game on Sunday September 6. The day will largely be about allowing people in recovery to come together and be together.</p> <p>Brenda Long announced the Day of Prayer on October 6<sup>th</sup> and handed out flyers; several organizations are partnering together Mental Health awareness.</p>	

<b>Next Meeting</b>	Meeting minutes were taken by Jordan Buckley, LGH Community Health Intern. Meeting adjourned at 5:55PM.	<b>Tuesday, September 8<sup>th</sup> from 4:30-6:00PM</b> <b>Wellness Center Conference Room #2</b>
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