

**MENTAL WELL-BEING COLLABORATIVE  
COMMUNITY ACTION TEAM  
MEETING MINUTES**

Attendees: Janae Allgire, Jan Baily, Jean Bickmire, Erin Conaham, Anna Kennedy, Brain Long, Bob Musser, Trisha Stover, Wendy Wood,

Guests: Katie Greenawalt, Brenda Buescher

Absent: Nancy Baker, Jean Bickmire, Rejean Carlson, Kristin Ebaugh, Barbra Eckert, Heather Estrada, Diana Fullem, Dawn Horst, Anthony House, Carmen Klingensmith, Jen Koppel, Susan Lilly, Edward Long, Glenn McCarty, Amanda McFerren, Teri Miller-Landon, Jan Mills, Jessica Perry, Roni Ryan, Rhonda Slinghoff, Dawn Weiss, Jason/Ashley Wilson, Mark Wilson, Wendy Wood

Date: 04-14-15

Time: 4:30-6:00pm

Location: LGH Suburban Outpatient Pavilion, 2100 Harrisburg Pike, Lancaster PA: Wellness Center, Conference Room #1

ISSUE/TOPIC	DISCUSSION/ANALYSIS	ACTIONS/FOLLOW-UP
<b>Welcome &amp; Introductions</b>	<ul style="list-style-type: none"> <li>• Anna Kennedy called meeting to order at 4:35pm</li> </ul> <p>-The Vision, Mission and Purpose were reviewed with the group</p>	
<b>Review &amp; Approve Minutes from January 13, 2015</b>	<ul style="list-style-type: none"> <li>• Jan 13<sup>th</sup> minutes presented and approved</li> </ul>	
<b>Background</b>	Anna provided quick overview of team's progress to date, reviewed vision/mission/purposed and "ground rules"	

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<p><b>Long Term Goals &amp; Data</b></p>	<p>The team reviewed the “Final” version of the <b>SWOT model</b>, which will serve as a working document for the collaborative. It is not set in stone and can be modified if need be</p> <ul style="list-style-type: none"> <li>-Katie G added in the community action team’s changes from the previous meeting</li> <li>-Various members voiced their opinions on additional changes to the SWOT <ul style="list-style-type: none"> <li>• Specifically in the weaknesses category, “Lack of forensic mental health treatment and care” was added</li> <li>• Discussion of the definition of “Step-Down” housing took place</li> </ul> </li> </ul> <p>Brenda Buescher who created the logic model, lead the discussion of the overall collaborative action plan</p> <ul style="list-style-type: none"> <li>• The team focused on the areas in which the community action team symbol appeared on the logic model <ul style="list-style-type: none"> <li>○ Create a comprehensive media awareness campaign <ul style="list-style-type: none"> <li>▪ Group discussed this possibility in the future</li> </ul> </li> <li>○ Use communication strategies to encourage care-seeking for mental health</li> <li>○ Compile and disseminate success stories about recovery</li> <li>○ Addition of <b>“Increase resilience in individuals using strength-based strategies such as mindfulness”</b></li> <li>○ Map community assets for mental health care</li> <li>○ Promote and expand 2-1-1 to add a mental health navigation system for youth and adults</li> <li>○ Increase the number of mental health providers in the county</li> <li>○ Addition of “advocate for local, state and national policies that support mental well-being” <ul style="list-style-type: none"> <li>▪ The group discussed forming a policy</li> </ul> </li> </ul> </li> </ul>	<p>Email Katie G at <a href="mailto:kgreenawalt2@lghealth.org">kgreenawalt2@lghealth.org</a> with any additions/changes to the SWOT model</p> <p>Email Brenda at <a href="mailto:bbuescher2@lghealth.org">bbuescher2@lghealth.org</a> with any changes/additions to the action plan</p>

ISSUE/TOPIC	DISCUSSION/ANALYSIS	ACTIONS/FOLLOW-UP
	<p style="text-align: center;">agenda group to develop a policy agenda</p> <ul style="list-style-type: none"> <li>• Brenda still needs input on 2-3 year objectives for the action plan goals and how to measure progress</li> </ul> <p>-There was a great discussion about issues in the community related to mental health and many members shared opinions on what needs to be focused on and the importance of action to create change</p>	
<b>Future Plans</b>	<p>Anna spoke about how the community action team eventually wants to present to other groups and special populations in the community to involve them in the collaborative in the easiest way possible</p> <p>There was not sufficient time to discuss any other future plans</p>	At the next meeting, discussion and activities will focus on creating a standard presentation and the presenters/community groups will be on the agenda
<b>Next Meeting</b>	Meeting adjourned at 6:05 p.m.	<b>Next meeting will be May 12, 2015 from 4:30-6:00 pm.</b>